

SOCIAL SCIENCE • CLASS 8

Our Indian Constitution



Rights, duties and how our democracy works

Teacher Name • 8 • 40 minutes

Lesson plan

01

Warm-up

02

Learn

03

Explore

04

Practise

Learning objectives

- ▶ Know why a country needs a constitution
- ▶ List key features of our Constitution
- ▶ Explain Fundamental Rights and Duties
- ▶ Understand the role of citizens

YOU ALREADY KNOW

**India became a
republic on 26
January 1950.**

KEY IDEA

What would happen if every school changed its rules every day?

Think about it

Why a constitution?

A constitution is the supreme law that guides how a country is governed.

It sets out the powers of government, protects citizens' rights and lists their duties. The Indian Constitution is the longest written constitution in the world.



Diagram / picture

Key terms



Preamble

The introduction stating the Constitution's ideals.



Fundamental Rights

Basic rights guaranteed to citizens.



Fundamental Duties

Responsibilities every citizen should follow.

Some Fundamental Rights

Right	What it means	Example
Equality	Equal before law	No discrimination
Freedom	Speech, movement, work	Express opinions
Education	Culture and education	Learn your language

Research the remaining rights for homework.

Did you know?

26 Nov 1949

Constitution adopted

22

languages in the Eighth
Schedule

11

Fundamental Duties

Real-life examples



Image 1

Voting

Adults elect leaders



Image 2

Courts

Protect our rights



Image 3

School

Right to education

Check your understanding

- ▶ When did the Constitution come into force?
- ▶ Name three Fundamental Rights
- ▶ What is the Preamble?
- ▶ Name a duty you follow



Image

Activity time



Class constitution

Write five rules and rights for your class.



Mock parliament

Debate and vote on a class bill.



Rights poster

Illustrate one right.

Homework

- ▶ Read the Preamble and list key words
- ▶ Write about one duty you practise
- ▶ Ask an adult about voting



Image

Great work today!

Next lesson: The Parliament

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