

SOCIAL SCIENCE • CLASS 8

Our Indian Constitution

Rights, duties and how our democracy works

TEACHER
Teacher Name

CLASS
8

PERIOD
40 minutes



02 Lesson plan

01 Warm-up

02 Learn

03 Explore

04 Practise



03 | Learning objectives

- Know why a country needs a constitution
- List key features of our Constitution
- Explain Fundamental Rights and Duties
- Understand the role of citizens

YOU ALREADY KNOW

India became a republic on 26 January 1950.

KEY IDEA

**What would happen if
every school changed its
rules every day?**

Think about it

05 | Why a constitution?

A constitution is the supreme law that guides how a country is governed.

It sets out the powers of government, protects citizens' rights and lists their duties. The Indian Constitution is the longest written constitution in the world.



Diagram / picture

06 | Key terms

01

Preamble

The introduction stating the Constitution's ideals.

02

Fundamental Rights

Basic rights guaranteed to citizens.

03

Fundamental Duties

Responsibilities every citizen should follow.

07 | Some Fundamental Rights

Right	What it means	Example
Equality	Equal before law	No discrimination
Freedom	Speech, movement, work	Express opinions
Education	Culture and education	Learn your language

Research the remaining rights for homework.

08 | Did you know?

26 Nov 1949

Constitution adopted

22

languages in the Eighth
Schedule

11

Fundamental Duties

09 | Real-life examples



Image 1

Voting

Adults elect leaders



Image 2

Courts

Protect our rights



Image 3

School

Right to education

10 | Rights and duties

Rights

- ✓ What we are entitled to
- ✓ Protected by courts
- ✓ e.g. freedom of speech

Duties

- What we owe the nation
- Moral responsibility
- e.g. respect the flag

11

Check your understanding

- When did the Constitution come into force?
- Name three Fundamental Rights
- What is the Preamble?
- Name a duty you follow



Image

12

Activity time

01

Class constitution

Write five rules and rights for your class.

02

Mock parliament

Debate and vote on a class bill.

03

Rights poster

Illustrate one right.

13 | Homework

- Read the Preamble and list key words
- Write about one duty you practise
- Ask an adult about voting



Image

Great work today!

Next lesson: The Parliament

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