

DR. NAZIA RAHMAN

MS (Obstetrics & Gynaecology), DNB, FMAS

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PROFILE

Obstetrician and laparoscopic surgeon with 13 years in high-risk pregnancy care and minimal-access gynaecology. Has led maternal-safety drills that made her unit a state training site.

CLINICAL APPOINTMENTS

Senior Consultant, Obstetrics & Gynaecology • 2017 – Present

Gomti Valley Hospital, Lucknow

- › Lead a high-risk pregnancy unit handling 3,000 deliveries a year.
- › Perform 250+ laparoscopic procedures a year, including total laparoscopic hysterectomy.
- › Introduced monthly postpartum haemorrhage drills; unit became a state training site.

Consultant • 2013 – 2017

City Women's Hospital, Kanpur

- › Ran antenatal clinics and the labour room; mentored 12 junior residents.

Senior Resident • 2012 – 2013

Awadh Institute of Medical Sciences

- › Obstetric emergencies and gynaecological oncology rotations.

CERTIFICATIONS & REGISTRATIONS

- › Registered Medical Practitioner, state medical council (registration on file)
- › Certified trainer, emergency obstetric care (national programme)

EDUCATION

Fellowship in Minimal Access Surgery (FMAS) • 2016

Association of Gynaecological Endoscopists (national body)

DNB, Obstetrics & Gynaecology • 2013

National Board of Examinations

MS, Obstetrics & Gynaecology • 2009 – 2012

Awadh Institute of Medical Sciences

MBBS • 2003 – 2009

Awadh Institute of Medical Sciences

Honours in Obstetrics

SKILLS

Clinical: High-risk obstetrics, operative laparoscopy, hysteroscopy, colposcopy

Other: Clinical audit, labour-room protocols, counselling

Languages: Urdu, Hindi, English

GRANTS, AWARDS & HONOURS

- › Best Paper, Indian federation of obstetrics congress (2021)
- › Excellence in maternal care award, state health department (2023)

PUBLICATIONS

- [1] Rao, S., Fischer, A., **Rahman, N.**, & Chen, L. (2026). Understanding induction of labour practices. *Journal of Obstetrics and Women's Health*, 9(7), 727–749.
- [2] Iyer, M., & **Rahman, N.** (2026). New approaches to anaemia in pregnancy. *Proceedings of the Indian Federation of Obstetrics Congress*, pp. 801–813.
- [3] Chen, L., Gupta, R., **Rahman, N.**, & Rao, S. (2026). New approaches to PCOS and metabolic risk. *Maternal-Fetal Medicine Letters*, 29(11), 559–572.
- [4] **Rahman, N.**, & Sato, Y. (2025). Understanding induction of labour practices. *Journal of Obstetrics and Women's Health*, 6(3), 109–119.
- [5] **Rahman, N.**, Banerjee, P., & Menon, V. (2025). Towards PCOS and metabolic risk. *Journal of Obstetrics and Women's Health*, 16(11), 734–755.
- [6] Mensah, K., Fischer, A., **Rahman, N.**, & Rao, S. (2025). A study of postpartum haemorrhage protocols. *Reproductive Health Review*, 45(5), 382–390.
- [7] Sato, Y., Banerjee, P., Okafor, D., & **Rahman, N.** (2024). Rethinking anaemia in pregnancy. *Proceedings of the Indian Federation of Obstetrics Congress*, pp. 183–193.
- [8] **Rahman, N.**, Mensah, K., Menon, V., & Okafor, D. (2024). Measuring laparoscopic hysterectomy outcomes. *Maternal-Fetal Medicine Letters*, 36(1), 151–164.
- [9] Banerjee, P., Mensah, K., & **Rahman, N.** (2024). Towards gestational diabetes screening. *Proceedings of the Indian Federation of Obstetrics Congress*, pp. 618–631.
- [10] **Rahman, N.**, Okafor, D., & Kim, J. (2023). New approaches to induction of labour practices. *Reproductive Health Review*, 10(8), 432–444.

CONFERENCE PRESENTATIONS & INVITED TALKS

- › Invited talk: “Towards induction of labour practices”, Proceedings of the Indian Federation of Obstetrics Congress, Boston, 2026.
- › Seminar: “Scaling anaemia in pregnancy”, Maternal-Fetal Medicine Letters, New Delhi, 2026.
- › Poster: “Scaling anaemia in pregnancy”, Proceedings of the Indian Federation of Obstetrics Congress, Bengaluru, 2025.
- › Seminar: “Scaling postpartum haemorrhage protocols”, Maternal-Fetal Medicine Letters, Melbourne, 2025.
- › Invited talk: “Measuring induction of labour practices”, Symposium on Obstetrics and Women's Health, Berlin, 2024.
- › Seminar: “Towards laparoscopic hysterectomy outcomes”, Maternal-Fetal Medicine Letters, Boston, 2024.
- › Invited talk: “Revisiting laparoscopic hysterectomy outcomes”, Proceedings of the Indian Federation of Obstetrics Congress, Singapore, 2023.
- › Keynote: “Revisiting induction of labour practices”, Symposium on Obstetrics and Women's Health, London, 2023.

TEACHING

- › DNB teacher and thesis guide (2018–present)

- › Trainer, skilled birth attendance for nurses (district programme)

PROFESSIONAL SERVICE

- › Secretary, Lucknow obstetrics and gynaecology society (2022–2024)
- › Free cervical-cancer screening camps (over 4,000 women screened)

REFERENCES

Dr. S. Tandon

Medical Superintendent, Gomti Valley Hospital

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Prof. A. Srivastava

Head, OBG, Awadh Institute of Medical Sciences

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