

Sophia Alvarez

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Public policy student focused on housing, cities and evidence-based government.

EDUCATION

Linden Hill University, Linden, NJ

May 2027

A.B. in Public and International Affairs, Certificate in Urban Studies

GPA: 3.89/4.00

Thesis: Zoning reform and rent burdens in mid-size U.S. cities

EXPERIENCE

City Office of Policy, Trenton, NJ — Policy Fellow

Jun 2026 – Aug 2026

- Analyzed 15 years of permit data to model housing supply under three zoning scenarios.
- Briefed the deputy mayor and drafted a 20-page memo used in council hearings.

Civic Futures Institute, Washington, DC — Research Intern

Jun 2025 – Aug 2025

- Coded 1,200 local ordinances for a national land-use database.

Linden Hill Policy Lab, Linden, NJ — Research Assistant

Sep 2024 – Present

- Designed survey instruments for a randomized evaluation of a tenant-counseling program.

LEADERSHIP & ACTIVITIES

Model United Nations, Linden, NJ — Secretary-General

Sep 2025 – Present

- Lead a conference for 900 high-school delegates from 70 schools.

HONORS & AWARDS

- National Public Service Scholarship Finalist (2026)
- Policy School Senior Thesis Funding (2026)

SKILLS & INTERESTS

Technical: R, Stata, ArcGIS, Qualtrics, Excel

Languages: English, Spanish (native), Portuguese (intermediate)

Interests: Urban sketching, salsa, local history podcasts